

***Demonstrating Advanced Competence
in Medical Hypnosis
The ABMH Diplomate Examination***

***The Case Study
Preparing & presenting Your
Case Narrative and Video***

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Please make this

FUN!

The Pre-Hypnosis Conversation

Rapport – Rapport - Rapport

History – History – History

Informed Consent – Prep for Video

The Induction

What is/was it?

How did you decide?

How would you teach about it?

Intensification (Deepening)

How?

What?

Relaxation? Imagery? Other?

Does it/did it “work” – How can you tell?

Hypnotherapeutic Suggestions

- *Ego-strengthening?*
- *Regression?*
- *Suggestions for Amnesia?*

Hypnotherapeutic Suggestions

Suggestions for Symptom Management

e.g.

- ***Pain control?***
- ***Habit reduction?***
- ***Reduction of Anxiety?***
 - ***Depression?***
- ***Relationship / Behavior change?***
- ***Performance Stress? Physiologic change***

Hypnotherapeutic Suggestions

Future Projection Suggestions

Post-Hypnotic Suggestions

Training in Self-Hypnosis

Hypnotherapeutic Suggestions

Trance Termination

How/Why?

Re-Alerting Process

How?

Your experience of it...

Their experience of it...

Post-Hypnosis Discussion/De-Briefing

How?

Your experience of it...

Their experience of it...

Closure

How?

End of Visit – Plans for next steps...

Follow-up

*What's happened
since the time of the
Video Recording?*

(please include in your narrative)

Remember

- **Rapport! – Rapport!! – Rapport!!!**
- **History! – History!! – History!!!**
- **Mentor! – Mentor!! – Mentor!!**

QUESTIONS?

***Please make this
FUN!***